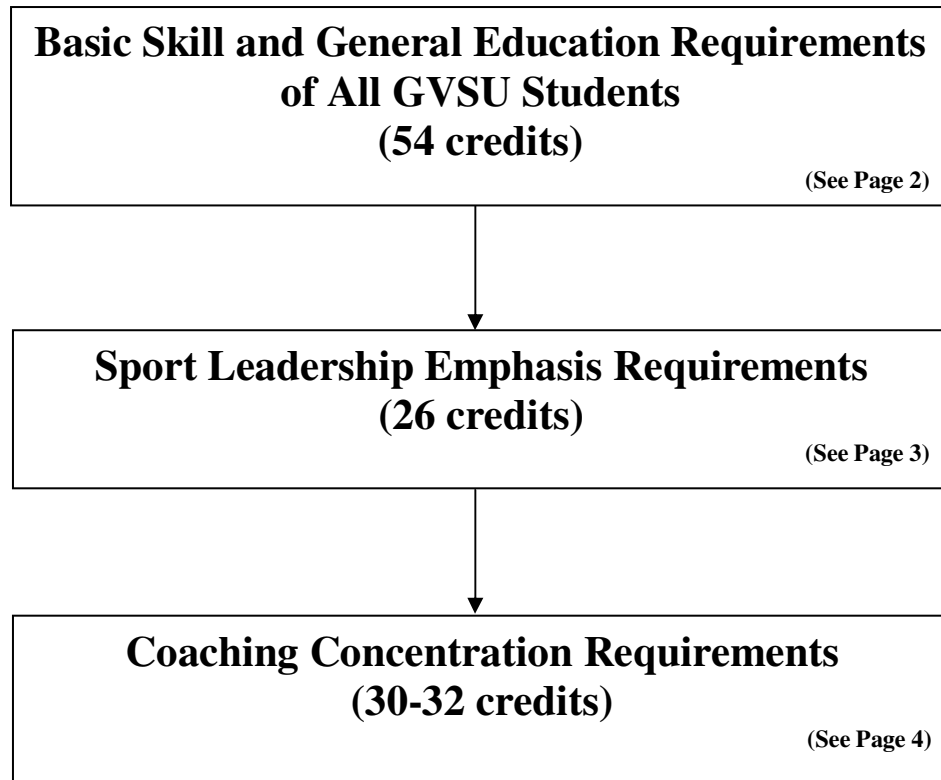


**Major: Physical Education**  
**Emphasis: Sport Leadership**  
**Concentration: Coaching**

**(110-112 credit hours required)**



**All students must have a total of 120 credit hours, a cumulative GPA of 2.0 and a GPA of 2.0 within the major.**

# Basic Skill and General Education Requirements (54 credits)

## Basic Skills Requirements (11 credits)

Semester Completed   Grade

MTH 110	Algebra	_____	_____
WRT 150	Strategies in Writing	_____	_____
WRT 305	Writing in the Disciplines (or pass Junior-level writing exam)	_____	_____

## General Education Foundational Requirements (25 credits)

The Arts (one course)	_____	_____
Philosophy and Literature (one course)	_____	_____
Historical Perspectives (one course)	_____	_____
Mathematical Sciences (one course – STA 215 will apply)	_____	_____
Physical Sciences (one course)	_____	_____
Life Sciences (one course – BMS 202 will apply)	_____	_____
Social Sciences (two courses – with different prefixes)	#1: _____	_____
	#2: _____	_____

## General Education Cultural Requirements (6 credits)

World Perspectives Designated Course (one course)	_____	_____
U.S. Diversity Designated Course (one course)	_____	_____

## General Education Thematic Group Requirements (9 credits)

Theme selected by student (three courses @ 3 credits each)	#1: _____	_____
(If the “Sport and Life” theme is selected, PED 315 <b>cannot</b> be taken)	#2: _____	_____
	#3: _____	_____

## B. S Core Requirements (3 credits in addition to STA 215 and BS 202)

BMS 202	Anatomy and Physiology	_____	_____
MOV 304	Physiology of Activity	_____	_____
STA 215	Introductory Statistics	_____	_____

## Sport Leadership Emphasis Requirements (26 Credits)

		<u>Semester Completed</u>	<u>Grade</u>
COM 201	Speech (3 credits)	_____	_____
MOV 101	Foundations of Physical Education and Sport (3 credits)	_____	_____
MOV 201	Psycho-Social Aspects of P.E. and Sport (3 credits)	_____	_____
MOV 202	Social Cultural Dimensions of Sport (3 credits)	_____	_____
MOV 102	First Aid (2 credits)	_____	_____
PED 460	Fieldwork in Sport Leadership (3 credits)	_____	_____
PED 490	Internship in Sport Leadership (6 credits)	_____	_____
PED 495	Administration in Sport Leadership (3 credits) (Capstone)	_____	_____

## Coaching Concentration Requirements (30-32 credits)

		<u>Semester Completed</u>	<u>Grade</u>
BMS 105	Basic Nutrition (3 credits)	_____	_____
CAP 305*	Sports Promotion (3 credits)	_____	_____
MOV 300	Kinesiology (3 credits)	_____	_____
MOV 310	Motor Skill Development (3 credits)	_____	_____
PED 120-179	Skill Development Activity Courses (2 @ 1 credit each):	#1 _____	_____
		#2 _____	_____
PED 217	Modern Principles of Athletic Training (3 credits)	_____	_____
PED 218	Officiating Seasonal Sports (2 credits)	_____	_____
PED 355	Current Topics in Coaching (3 credits)	_____	_____

**Select TWO of the following “Team Sport” theory courses:**

		<u>Course</u>	<u>Semester Completed</u>	<u>Grade</u>
PED 230	Team Sports (3 credits)			
PED 250	Baseball Coaching Theory	#1 _____	_____	_____
	-OR-			
PED 258	Softball Coaching Theory	#2 _____	_____	_____
PED 251	Basketball Coaching Theory (2 credits)			
PED 252	Football Coaching Theory (2 credits)			
PED 255	Volleyball Coaching Theory (2 credits)			
PED 260	Soccer Coaching Theory (2 credits)			
PED 261	Rowing Coaching Theory (2 credits)			
PED 262	Ice Hockey Coaching Theory (2 credits)			

**Select TWO of the following “Individual Sport” theory courses:**

		<u>Course</u>	<u>Semester Completed</u>	<u>Grade</u>
PED 220	Individual Sports (3 credits)			
PED 253	Tennis Coaching Theory (2 credits)	#1 _____	_____	_____
PED 254	Track and Field Coaching Theory	#2 _____	_____	_____
	-OR-			
PED 263	Cross Country Coaching Theory			
PED 256	Wrestling Coaching Theory (2 credits)			
PED 257	Swimming/Diving Coaching Theory (2 credits)			
PED 259	Golf Coaching Theory (2 credits)			

\* Course may also be applied to the General Education “Sport and Life” Theme. If the “Sport and Life Theme is selected, PED 315 cannot be taken.

## Suggested Pattern of Coursework

**Major: *Physical Education***  
**Emphasis: *Sport Leadership***  
**Concentration: *Coaching***

### Freshman – Year 1

Semester 1		Semester 2	
MOV 102 (First Aid)	2	GEN ED (Philosophy and Literature)	3
WRT 150 (Strategies in Writing)	4	MOV 201 (Psychosocial Aspects PE/Sport)	3
PSY 101 (Introduction to Psychology)	3	GEN ED (Historical Perspectives)	3
MOV 101 (Foundations of PE and Sport)	3	MTH 110 (Algebra)	4
ELECTIVES	3	INDIVIDUAL SPORT SELECTIVE	2-3
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15-16</b>

### Sophomore – Year 2

Semester 1		Semester 2	
GEN ED (The Arts)	3	STA 215 (Introductory Applied Statistics)	3
MOV 202 (Soc. Cultural Dimensions of Sport)	3	BMS 105 (Basic Nutrition)	3
COM 201 (Speech)	3	GEN ED (Physical Sciences)	3
PED 218 (Officiating Seasonal Sports)	2	PED 217 (Modern Principles of Ath. Train.)	3
BMS 202 (Anatomy and Physiology)	4	SKILL DEVELOPMENT ACTIVITY	1
		TEAM SPORT SELECTIVE	2-3
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15-16</b>

### Junior – Year 3

Semester 1		Semester 2	
WRT 305 (Writing in the Disciplines)	3	MOV 300 (Kinesiology)	3
PED 355 (Current Topics in Coaching.)	3	MOV 310 (Motor Skill Development)	3
INDIVIDUAL SPORT SELECTIVE	2-3	GEN ED (U.S. Diversity)	3
MOV 304 (Physiology of Activity)	3	TEAM SPORT SELECTIVE	2-3
SKILL DEVELOPMENT ACTIVITY	1	GEN ED (Theme)	3
GEN ED (Theme)	3	ELECTIVE	1
<b>Total</b>	<b>15-16</b>	<b>Total</b>	<b>15-16</b>

### Senior – Year 4

Semester 1		Semester 2	
PED 460 (Fieldwork in Sport Leadership)	3	PED 495 (Capstone – SWS)*	3
PA 270 (Public Administration)	3	PED 490 (Internship in Sport Leadership)	6
GEN ED (World Perspectives)	3	ELECTIVES	6
SOCIAL SCIENCE COURSE #2	3		
CAP 305 Sports Promotion (also as theme)	3		
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15</b>

\* Two Supplemental Writing Skills (SWS) courses are required. PED 495 (Capstone) fulfills one of these course requirements. One other SWS course must be selected as part of the General Education (Foundations or Theme) Requirement.